

2023 RDS 13-19 Years Trials

Event	District Trials Date and Venue	Nomination Due Date	Trial Venue	Equipment required	Capricornia Trials
Cricket 16-19 Years B & G	Tuesday 22 November 2022 9am – 11am	Friday 18 November 2022	Rockhampton Grammar	Own cricket equipment, water bottle, school sport uniform including hat Forms	14 February 2023 Rockhampton
Softball 13-19 years	Paper nominations	Wednesday 25 January 2023			31 January 2023 Gladstone
Volleyball 12-15 B & G 16-19 B & G	Friday 3 February 2023 Boys: 9am – 11am Girls: 11am – 1pm	Wednesday 1 February 2023	Glenmore SH	Appropriate footwear, water bottle, school sport uniform Forms	26 April 2023 Gladstone
Tennis 13-19 years	Tuesday 7 February 2023 9am – 3pm	Thursday 2 February 2023	Rockhampton Tennis Centre	Own tennis racquet, water bottle, school sport uniform including hat Forms	15 February 2023 Emerald
Water Polo 13-19 years	Paper nominations	Wednesday 8 February 2023			23 February 2023 Rockhampton
Football - Girls 13-15 / 16-19	Friday 10 Feb 2023 9am – 11am	Wednesday 8 Feb 2023	Emmaus College	Appropriate footwear, water bottle, school sport uniform including hat Forms	22 February 2023 Gladstone
Girls Netball 13-15 years	Shortlist: Sunday 12 Feb 2023 9am – 12pm Shortlisted: Wednesday 15 February 2023 9am – 11am	Thursday 9 Feb 2023	Emmaus College	Appropriate footwear, water bottle, school sport uniform Forms	20 February 2023 Mackay
Girls Rugby League 14-15 / 16-18 years	Monday 13 Feb 2023 9am – 12pm	Thursday 9 Feb 2023	Kettle Park	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat Forms	21 February 2023 Mackay
Rugby League 14-15 / 16-18 years Boys	Tuesday 14 February 2023 9am – 12pm	Thursday 9 February 2023	Emmaus College	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat Forms	28 February 2023 Mackay
Girls Netball 16-19 Years	Wednesday 15 February 2023 12pm – 2pm	Thursday 9 Feb 2023	Emmaus College	Appropriate footwear, water bottle, school sport uniform Forms	20 February 2023 Mackay
Basketball 17-18 B & G	Thursday 16 February 2023 11am – 1pm	Tuesday 14 February 2023	Rockhampton Basketball	Appropriate footwear, water bottle, school sport uniform Forms	2 March 2023 Mackay

Basketball 13-16 years B & G	Thursday 16 February 2023 9am – 11am	Tuesday 14 February 2023	Rockhampton Basketball	Appropriate footwear, water bottle, school sport uniform Forms	2 March 2023 Mackay
Rugby Union Girls 15/16 7s	Thurs 16 Feb 2023 9am – 11am	Tues 14 Feb 2023	Rugby Park	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat Forms	27 February 2023 Rockhampton
Hockey 13-19 Years B and G	Wednesday 22 February 2023 9am – 12pm	Thursday 16 February 2023	Kalka Shades, Water St	Own hockey equipment, mouthguard, water bottle, school sport uniform including hat Forms	1 March 2023 Rockhampton
AFL 13-15 years B & G	Thursday 23 February 2023 9am – 11am	Thursday 16 February 2023	Rockhampton State High Oval	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat Forms	13 March 2023 Mackay
Rugby Union Boys 17-18 years	Wednesday 1 March 2023 9am – 12pm	Thursday 23 February 2023	Rugby Park	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat Forms	14 March 2023 Emerald
Squash 10-15 / 16-19 B & G	Paper nominations	Tuesday 14 March 2023			28 March 2023 Mackay
Touch 13-15 / 16-18 years B & G	Friday 24 March 2023 9am – 12pm	Monday 20 March 2023	Rockhampton Touch Football	Appropriate footwear, water bottle, school sport uniform including hat Forms	24 April 2023 Gladstone
Cross Country 10-19 years	Tuesday 9 May 2023 9am – 3pm				16 May 2023 Rockhampton
Rugby Union 14-15 years Boys	Thursday 11 May 2023 9am – 12pm	Monday 8 May 2023	Rugby Park	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat Forms	30 May 2023 Mackay
Football - Boys 13-16 / 17-19	Wednesday 17 May 2023 9am – 12pm	Friday 12 May 2023	Apex Park - Yeppoon	Appropriate footwear, water bottle, school sport uniform including hat Forms	31 May 2023 Gladstone
Athletics 10-19 years	Monday 26 th – 28 th June 2023		North Rockhampton State High		21/22 August 2023 Mackay
Cricket 13-15 B & G	Tuesday 29 August 2023 9am – 11am	Friday 25 August 2023		Own cricket equipment, water bottle, school sport uniform including hat Forms	6 September 2023 Mackay