

Monte Carlo

The Ingredients

Biscuit

- 125g butter, softened
- ½ cup (125g) caster sugar
- ½ tsp finely grated lemon rind
- 1tsp vanilla essence
- 2 tbsp golden syrup
- 1 egg
- 40g desiccated coconut
- 1 ½ cups (240g) plain flour

Cream

- 60g butter
- ¾ cup (150g) icing sugar
- 2tsp milk
- Raspberry jam

Method

- 1. Preheat oven to 170°C.
- 2. Line a banking sheet with banking paper
- 3. In a medium mixing bowl place butter, sugar, lemon rind, vanilla and golden syrup. Beat for approx. 1 minute. Add egg and beat for a further minute. Do not overbeat. Stir in sifted flour and coconut until well combined.
- 4. Place half of the dough mixture on a piece of baking paper and wrap to form a log. Repeat with remaining dough mixture.
- 5. Place in refrigerator for 15 minutes or until slightly firm. Using a serrated knife, cut into 8mm slices. Place on baking sheet and bake for 14 mins or until golden.
- 6. Allow to cool on tray for 5 minutes, then place on cooling rack to cool.
- 7. For the cream filling, place butter, sugar and milk in medium bowl and beat until light and fluffy.
- 8. Sandwich cooled biscuits with jam and cream



Monte Carlo with a twist

The Ingredients

Biscuit

- 125g butter, softened
- $\frac{1}{2}$ cup (125g) caster sugar
- ½ tsp finely grated lemon rind
- 1tsp vanilla essence
- 2 tbsp golden syrup
- 1 egg
- 40g desiccated coconut
- 1 ½ cups (240g) plain flour

Ice cream filling

- -2 cups vanilla ice cream
- Options:
- ½ cup jam (boysenberry, raspberry, strawberry)
- ½ cup Nutella and ½ cup peanut butter mixed together and frozen cut into chunks

Method

- 1. Preheat oven to 170°C.
- 2. Line a banking sheet with banking paper
- 3. In a medium mixing bowl place butter, sugar, lemon rind, vanilla and golden syrup. Beat for approx. 1 minute. Add egg and beat for a further minute. Do not overbeat. Stir in sifted flour and coconut until well combined.
- 4. Place half of the dough mixture on a piece of baking paper and wrap to form a log 5cm in diameter. Repeat with remaining dough mixture.
- 5. Place in refrigerator for 15 minutes or until slightly firm. Using a serrated knife, cut into 8mm slices. Place on baking sheet and bake for 14 mins or until golden.
- 6. Allow to cool on tray for 5 minutes, then place on cooling rack to cool.
- 7. Mix ice cream and desired options freeze for 1 hour
- 8. Layer ice cream mixture between 2 Monte Carlo biscuits.