

Title	Context
Bad Crab by Emelia Mclerney and Phillip Bunting	Prep – year 2 https://philipbunting.com/books/bad-crab/ Bad Crab is an almost-wordless picture book that aims to make your world a bit less pinchy, and a lot more fun. (Consequences of treating others badly)
Trace Moroney 'Feelings' books When I'm Feeling... Trace Moroney 'Emotions' Books	Prep and Yr 1. https://www.tracemoroney.com/home Well worth a look at these. Too many to list!
Aaron Blabey 1. Pig the Pug 2. Pig the Winner 3. Pig the Elf 4. Pig the Star 5. Pig the Fibber 6. Pig the Stinker 7. Pig the Slob	Ages 3 – 8 https://www.scholastic.com/site/pig-the-pug.html There are also videos 😊 1. Learning to share 2. Playing fairly 3. Greed versus gratitude 4. Wanting the centre of attention 5. Lying 6. Personal hygiene 7. He won't get off the couch and makes a mess!
Robert Ingpen & Bryan Mellonie Beginnings, endings and lifetimes in between	Putting death into the context of life and lifetimes: There is a beginning and an ending to everything that is alive. In between is a lifetime. Dying is a much a part of living as being born. https://www.penguin.com.au/books/beginnings-and-endings-with-lifetimes-in-between-9780143501442
The Invisible String by Patrice Karst	Grief and loss https://theinvisiblestring.com/ There is also a workbook
I Miss You a First Look at Death by Pat Thomas	Grief and loss Ages 4 – 7 https://www.booktopia.com.au/i-miss-you-pat-thomas/book/9780764117640.html
Grief and Loss books by Dianne McKissock	For mid to upper primary https://www.bereavementcare.com.au/resources/books.htm
Wilfrid Gordon McDonald Partridge by Mem Fox	Ages 3 – 8 https://memfox.com/books/wilfrid-gordon-mcdonald-partridge/ Wilfrid Gordon McDonald Partridge lives next door to a nursing home. When he finds out that his special friend, Nancy Alison Delacourt Cooper is losing her memory he sets out to find what a memory is.
The Very Best of Friends by Margaret Wild	For upper primary https://www.goodreads.com/book/show/1309653.The_Very_Best_of_Friends Which deals directly with the death of a character and how the other partner did not cope with this loss and distanced themselves from the cat, which the partner loved, to cope and how she came back to caring for the cat again. Can be used to unpack why she did this and how grief affects some people into pushing others away.
The Heart and the Bottle by Oliver Jeffers	For ages 7 to 13 https://www.oliverjeffers.com/the-heart-and-the-bottle When working with children around grief and loss, particularly when they are not allowing themselves to tap into their feelings.
The Huge Bag of Worries by Virginia Ironside	For ages 7 to 13 https://www.dymocks.com.au/book/the-huge-bag-of-worries-by-virginia-ironside-and-frank-rodgers-and-frank-rodgers-9780340903179

	A book to help children between 7 and 13 confide their worries in other people. The heroine is pursued by a sinister bag of worries which she can't get rid of. Finally, she finds a lovely grannie figure who helps her.
A Blue Kind of Day by Rachel Tomlinson	https://www.penguin.com.au/books/a-blue-kind-of-day-9781761046384 To deal with depression and/or that it's okay to have "big feelings" days
Kobi Yamada - What do you do with a problem? What do you do with a chance? What do you do with an idea?	https://www.live-inspired.com/catalog/category/books-by-kobi-yamada/ The story of a persistent problem and the child who isn't so sure what to make of it. The longer he avoids the problem, the bigger it seems to get. a captivating story about a child who isn't sure what to make of a chance encounter—and then discovers that when you have courage, take chances, and say yes to new experiences, amazing things can happen. It's a story for anyone, at any age, who's ever had an idea that seemed too big, too odd, too difficult. It's a story to inspire you to welcome that idea, to give it space to grow, and to see what happens next.
The Red Tree by Shaun Tan	https://www.shauntan.net/red-tree-book As a kind of fable, The Red Tree seeks to remind us that, though some bad feelings are inevitable, they are always tempered by hope.
Pass it on by Sophy Henn	https://www.penguin.com.au/books/pass-it-on-9780723299851 A story about giving, sharing, and joy. When you see something terrific, smile a smile and pass it on!
Jory John The Bad SEED The good egg smart cookie, couch potato It's not my Fault!	For small group primary therapy – Year 3 and below http://www.joryjohn.com/ <ul style="list-style-type: none"> • This story is great for showing kids that your reputation and past actions don't make you who you are. It is possible to change but you're not going to be good all the time. The book also shows that your behavior is a decision that you make. • The Good Egg reminds us of the importance of balance and self-care, and accepting those we love, even if they are a bit rotten sometimes. • The Smart Cookie reflects on when he was a younger cookie, with no confidence in school -- always afraid to raise his hand in class and participate. • Couch Potato's goal in life is to be as relaxed as possible. He spends all day, every day hanging out on the couch. What makes it even better is all the entertainment right in front of Couch Potato's little spud eyes • Jory John encourages kids to accept responsibility while keeping the laughs coming in this fun-filled tale.
Bounce Back resilience program by Helen McGrath and Toni Noble available from Pearson Centre	A whole-school approach to wellbeing https://www.bounceback-program.com/
Play is the Way by Wilson McCaskill -website is easily accessible	https://playistheway.com.au/ PLAY IS THE WAY® is a social and emotional learning (SEL) methodology using physically interactive games & activities, 5 guiding concepts, an empowering self-reflective language and 6 key virtues that form a pathway to empathy.
Shona Innes books	https://shonainnespsychology.com.au/about/big-hug-series/

<ol style="list-style-type: none"> 1. The Internet is like a puddle 2. Life is like the wind 3. Friendship is like a seesaw 4. Worries are like clouds 5. The playground is like the jungle 6. Anger is like armour 7. A family is like a cake 8. Love is like a Tree 9. You are like You 10. Your mind is like a Garden 	<ol style="list-style-type: none"> 1. Being safe on the Internet 2. Focuses on the complexities around death, loss and grief. 3. Explores the ups and downs that occur in friendships and other kinds of relationships. 4. Compares worries to the weather, acknowledging that some days are wonderful but some days are not so wonderful and can be a bit tough. 5. Readers are encouraged to take time to observe the behaviours and moods of others and to make wise and safer choices about play mates. 6. Anger is a strong and powerful thing. It brings us lots of energy and can tell us that something is not right or that we have a problem. 7. Cakes are made from many different ingredients to create something unique, delicious and amazing. 8. Love can come in different shapes and sizes. Like a tree, love can grow and grow... 9. this book explores the different aspects of what it means to be a unique individual 10. Mindfulness
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