PRINCIPAL’S MESSAGE

On Wednesday 16 November North Rockhampton SHS will be holding our 61st Annual Awards Evening. This annual school event recognises student achievement across academic, cultural and sporting domains. One of our key values, “Striving for Excellence” is embodied in this Awards ceremony.

Throughout the school year students are involved in many educational opportunities and these are not always subject based. At North Rockhampton SHS this year we have offered opportunities for personal development such as leadership camps, sporting participation as an individual or within a team, cultural activities such as Instrumental Music and the school Musical and participation in community events such as the ANZAC Day March and the Mount Archer Community project. These are only a few of the opportunities that have been made available to students. Education is not just about an academic result for a specified subject (although these results are also important). Education encompasses all aspects of our life and the school environment is a safe and supportive place to try new activities and skills.

An invitation is extended to all parents and carers to attend the Awards Evening which will be held in the North Rockhampton State High School Hall starting at 6:00pm. I look forward to celebrating our students’ achievements with their family and friends.

JANET YOUNG
PRINCIPAL

YEAR 12 COORDINATOR

The last few weeks are here, and I can’t believe how fast this year has gone past. The last week is planned with some informative sessions and a fun filled day planned for Tuesday.

Monday 14 November

9.15am Fisher Dore Criminal Defence Lawyer presentation
10.10am Final Parade
11.45am CPR/ Party Safe
2.05pm Dancing/ manners

Tuesday 15 November

9am – 3pm Activity day (Slushy, Pizza, Inflatables, Obstacle course, food challenges, slip and slide and wading pools among other things)

Wednesday 16 November

9.15am CPR/ Party Safe
11.45am Awards night practice and Enrol to Vote
2.05pm Graduation Practice

Thursday 17 November

9.30am Graduation
5.00pm Walk through starts at Callaghan Park

Friday 18 November

10am-12pm Students must attend, there will be a BBQ Brunch.

Photography envelopes with payment are due back to me in M block by Tuesday 8 November. Formal payment and consent forms are due to the Finance window by Thursday 10 November. Activity day consent forms are due to me by Thursday 10 November.
I think we are all looking forward to the end of the year and I wish the Year 12s all the best as they enter a new stage of life.

Again, any issues - please email me at daddi4@eq.edu.au or call me 4924 7834.

DEBORAH ADDISON
YEAR 12 COORDINATOR

ARTS DEPARTMENT

Another busy year is fast coming to a close for the Arts Department. This term we have taken Drama students to see Shake and Stir’s production of “Tequila Mockingbird” and instrumental music students performed at our Spring Concert on Saturday 22 October. The concert was well attended by parents and grandparents who enjoyed performances by our string groups, stage band and concert band.

As we prepare to farewell our Year 12s I would like to thank the senior students who have been involved in Arts activities throughout their time here at North Rocky High. They have shown great leadership skills particularly with musicals and instrumental music performances.

Finally, I would like to thank the North Rocky High community for your continued support of the Arts this year. Special thanks must go to the classroom teachers: Mrs Addison, Miss Carte, Miss Doherty, Mrs Mc Caul, Mrs Vea Vea, Mrs Wade and Mrs Weston and our Instrumental Music teachers, Mr Clancy, Mrs Everitt, Mr Samuels and Miss Hickerson. A truly great team of creative and dedicated people!

PIANO WANTED FOR ART DEPARTMENT

PIANO
WANTED

Do you have a piano that is still in good working order that you could DONATE
To North Rocky High?
Call Miss Lomas on 49 217 888

HELEN LOMAS
HEAD OF DEPARTMENT – ARTS

IMPACT ZONE – MARINE BIOLOGY

Our online Marine Biology Year 7 & 8 class were unable to go on the Moreton Bay boat tour to conduct scientific experiments in Moreton Bay. Instead we went to the K Block fish ponds and conducted turbidity testing on the pond water. Students were surprised at how clear the “dirty” water was and the abundant life obviously thriving there!

Testing Turbidity!

YEAR 11 AND YEAR 12 EXAM BLOCK

Year 12 exam block will be held from Monday, 7 November to Friday, 11 November. Year 11 exam block will be held from Wednesday, 16 November to Tuesday, 22 November. All students have been issued an individualised exam schedule. A master copy of the exam schedule can be accessed on the school website below under the tab ‘Calendar and News’. https://nthrckshs.eq.edu.au

Students are only required to attend school for their scheduled exams. Students who attend school-based traineeships/apprenticeships, TAFE or other alternate courses must attend their scheduled exams and make other arrangements with their outside provider re catching up on the time missed at work, TAFE, etc.
Full school uniform must be worn. If students are absent for an exam, they will be required to provide a medical certificate. If students are late for an exam, they will be admitted to the room, however no additional time will be allowed. **Normal classes will resume for Year 12 on Monday, 14 November and Year 11 on Wednesday, 23 November.** If you have concerns regarding the block exams, please contact the school or your child’s teacher.

Year 11 students who are OP eligible will be sitting a QCS Practice test on Wednesday, 23 November and Thursday, 24 November. It is **COMPULSORY** for all OP eligible students and non-op eligible students who have been attending QCS lessons to attend these sessions.

### Year 10 Exam Block

To help prepare Year 10 students for Senior, we will be trialing an exam block session for the students. The exams will commence on Monday, 24 November and conclude Wednesday, 26 November. Exams will run for two periods – Periods 1 and 2; Periods 3 and 4. Period 5 will be normal timetabled classes.

Every student will be allocated two lessons for each of their subjects. English and Maths exams will be held in the PAC as a large group. All other subjects have the option of using their block time for a scheduled exam or to complete assignments. If students have completed their assessment, then they will be doing alternate work during this time. No student will have a spare session during the block exam. Students are expected to attend school all day and attend all of their sessions. If a student is absent from an exam, they will be able to complete their exam on Thursday or Friday. If you have any questions regarding the exam block, please contact Cynthia O’Sullivan.

### Schoolies Information for Parents

Parents play an important role in preparing their teens for end-of-year celebrations. Schools should encourage parents to click the website below for resources about how to prepare and keep their child safe over Schoolies.

https://www.facebook.com/schooliesinfoforparents/

**Cynthia O’Sullivan**  
**Deputy Principal**

### Public Transport Requirements for Senior Formals

Under the Transport Operations *(Passenger Transport)* Act 1994, the operator of a public passenger service is required to hold Operator Accreditation (OA) and drivers are required to hold Driver Authorisation (DA).

If you would like to hire a vehicle to transport you to a school formal, it’s important to ensure the operator and driver are properly accredited. The passenger transport industry in Queensland provides transport services for special events using vehicle licenced and accredited as limousines or special purpose limousines and buses accredited as charter vehicles.

A key objective of the legislation governing limousine and other passenger transport services is to promote the safety of persons using these services.

To find out more, contact your nearest TransLink passenger transport office, visit TMR website below, or call 13 QGOV (13 74 68).


### School Dental Van

It is that time of year again: the School Dental Van is now at the school. If you wish for your child to be seen, then please ensure your child has returned their consent forms for a dental check-up. If they did not receive a form, then please collect one from the dental van situated near the basketball courts off Simpson Street.

You can contact the Dental Van on 0409 574 276 Monday, Tuesday, Thursday or Friday, between 8am – 4.30pm.

A good link about the effects of sugar is:  

- Drinking sugar sweetened beverages can significantly contribute to tooth decay.
- Sugar sweetened beverages are high in kilojoules, leading to weight gain and obesity.
- The World Health Organisation, World Cancer Research Fund and Australian Dietary Guidelines all agree we need to limit the amount of sugar in our diets and recommend that sugary drink consumption be restricted or avoided altogether.
- Try replacing sugary drinks with water or reduced-fat (non-flavoured) milk.
- A regular 600ml bottle of soft drink contains about 16 teaspoons of sugar, and a regular 375ml can of soft drink contains about 10 teaspoons of sugar.
The next P&C meeting will be held Monday 28 November at 5:30pm in the Administration Building. All welcome.

CHECK OUT OUR FACEBOOK PAGE

North Rocky now has a P & C Facebook page. Have a look and see what’s happening and keep up-to-date with the latest events.

https://www.facebook.com/NRHSPC

DATE CLAIMERS

These dates are subject to change and will be updated throughout 2016:

<table>
<thead>
<tr>
<th>TERM 4</th>
<th>Year 11 Exam Block</th>
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<tbody>
<tr>
<td>Mon 7 Nov – Fri 11 Nov</td>
<td>Year 12 Exam Block</td>
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<tr>
<td>Tues 15 Nov</td>
<td>Year 12 Day</td>
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<td>Red Food Day</td>
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<tr>
<td>Mon 28 Nov – Thurs 8 Dec</td>
<td>Summer School and Master Class for Year 10</td>
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<td>Wed 16 Nov</td>
<td>Annual Awards Night</td>
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<td>Thurs 17 Nov</td>
<td>Graduation for Year 12s</td>
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<td>Formal for Year 12s</td>
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<td>Fri 18 Nov</td>
<td>Last Day for Year 12s</td>
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<td>Fri 25 Nov</td>
<td>Last Day for Year 11s and 10s</td>
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COMMUNITY NOTICES

ART CLASSES

Art classes are currently being run at the Art house on East St for children aged 5 – 16.

When: Wednesday – Friday 4 – 5 pm.
Saturday and Sundays 10 – 12pm and 2 – 4pm

All equipment is provided including paints, brushes, canvases as well as sketch pads and pencils.

All done in air conditioned comfort.

Prices are $15 for after school and $25 for weekend classes.

Please contact: Sandy – 0428 565 783 or Tau – 0403 983 623

JUNIOR HEAT CRICKET CLINIC - ROCKHAMPTON

FOR BOYS AND GIRLS AGED 7-14

10 to 12 JANUARY 2017
9:00am - 1:00pm
$230 incl GST

To register please click on the link below
https://eventdesq.sportstg.com/index.cfm?fuseaction=main&EventDesqID=20761&OrgID=8261

The clinic involves the most up to date methods of coaching and is designed to develop individual batting, bowling and fielding skills while at the same time having fun, keeping active and gaining maximum enjoyment from playing the game.
Delivered by Queensland Cricket accredited coaches, this is a guarantee of the best possible coaching available.

As required by law, all coaches and support staff have suitability cards.

WHAT YOU RECEIVE

- 4 hours of quality coaching per day
- Official Junior Heat shirt, backpack and drink bottle
- Photo and autograph signing with Brisbane Heat players
- Certificate of Attendance
- Written Skills Report
- Morning tea each day

WHAT TO BRING

- Cricket equipment
- Sunscreen and hat
- Drink bottle

Any questions please give me a call as per details below:

JOE MARSH
REGIONAL CRICKET OFFICER – CENTRAL QUEENSLAND
M: 0419 725 833
E: joem@qldcricket.com.au | W: www.qldcricket.com.au